

# Osceola Grace Eagles Players Contract

As a part of the Osceola Grace football team you are asked to read and sign the following player contract. This outlines for you our expectations of what an Osceola Grace Eagle is and should look like. We as a staff have put together a list of our expectations for you as a player and by signing below you agree to follow the following expectations and accept responsibility as a young man for any consequences if you do not follow them.

1. Expectations as a Young Man
  - a. You are encouraged to attend church on Sundays (or whenever your religion dictates). Everything we do starts with a solid Faith in the Lord.
  - b. You will treat all women with respect. Anyone who does not follow this rule will be demoted and or kicked off the team.
  - c. You will treat your parents with respect and honor their decisions. A man of God follows his commandments.
  - d. Drinking and smoking are not allowed. Violations will lead to demotion or suspensions. Use of drugs will cause immediate dismissal from the team. Any player suspected of using will be asked to submit to a urine test. Failure to do so means you are excused from the team.
  - e. Jealousy and egos are not tolerated; we must be united as a team. If you have an issue with a fellow teammate or coach, you need to speak with Coach Biller. He will take care of the problem. Win your job by hard work and dedication.
  
2. Practice expectations
  - a. You are expected to show up to practice at least 10 minutes before it starts so you are dressed and ready to go for practice on time. If you are not on time to practice, then you are expected to spend 10 minutes after practice with Coach Biller running a Razorback Reminder.
  - b. While at practice you are expected to give 100% of your attention to your coaches and what we are trying to prepare you for. We want you to have fun and stay safe while playing for us, to do this we need your full attention. If you are found messing around and not paying attention you will be asked to take a lap around the practice fields. If it happens again you will be asked, see Coach Biller after practice and will spend extra time conditioning with him.
  - c. You are expected to have all your practice gear ready for each practice. If you forget to bring your gear to practice you will be able to borrow from Coach what you need however you will be asked to stay 10 minutes after to condition with coach.
    - i. Jersey – 5 10 yard sprints
    - ii. Pants – 5- 20 yard sprints

- iii. Cleats – 5 – 10 yard sprints
- d. If you do not have your helmet on and have not been advised to place your helmet anywhere, then you are expected to have your helmet placed under your arm with the facemask point facing out in the orientation it is being worn. If this is not the case and you simply have it in your hands, then you will owe 10 push-ups. If you do place it on the ground, then you will have 20 pushups
- e. If anyone is caught wearing equipment that has not been assigned to you, they will run 200 yards of Razorbacks with Coach Biller after practice.

### 3. Practice attendance

- a. We want you to attend practice as much as possible so you can continue to improve as an individual and we can improve as a team. We want you to understand that your attendance will directly impact your playing time in the following way:
  - i. 4 out of 4 practices to be considered as a captain
  - ii. 3 out of 4 practices to start on Offense or Defense and present for your position practice to play that position.
  - iii. 2 out of 4 practices to start special teams and can play the 2<sup>nd</sup> half on offense or defense if needed
  - iv. 1 out of 4 practices will not start anywhere but can play the 2<sup>nd</sup> half on special teams if needed
  - v. 0 out of 4 practices cannot play but will help out on the sidelines with water and footballs.

### 4. Language at practice

- a. Swearing at practice
  - i. There will be absolutely no swearing at practice. If there is you will immediately do 10 push-ups. Each time after that it will double. If you continue you will be dismissed from the team
- b. Speaking to coaches
  - i. Everything you say to a coach must be in a sign of respect. If you are ever disrespectful towards a coach, you will do 200 yards of RAZORBACKS with coach Biller after practice. You are not expected to agree with everything that your coaches say, however you are expected to treat each coach with respect in how you talk with them. You will answer every question with a “Yes Sir” or “No Sir” or if a larger answer is required you can. If you have issues with a coaching decision and would like to make it aware, then after practice you will talk with Coach Biller and He will take care of the issue. If you need further explanation on something, then you can ask your position coaches.

- ii. If there continues to be an issue of disrespect towards your coaches, then you will be dismissed from the team. Any dismissals from the team will come from Coach Biller. Any fees you have paid will not be refunded and you will turn in all your equipment before leaving. It should never get to this point as we never want to dismiss anyone from the team but it will happen if you cannot respect your coaches and teammates.
    - c. Talking with teammates
      - i. When talking with your teammates you should be uplifting and encouraging. There will be times where you may need to challenge each other which is perfectly fine however it should never be done in a way to damage your teammate.
- 5. Game expectations
  - a. Home Games
    - i. You are expected to be there 2 hours before the game starts to help set up the field and get yourself ready for the game. If you want to be taped, you should arrive 2 and half hours early so we can get you taped and ready to go. If you are not there 2 hours early you will not be taped.
    - ii. We will take the field one hour before the game starts. At that time, you should be properly dressed ready to go under the goalpost. If you are not there under the goal post an hour before kickoff you will not play in the 1<sup>st</sup> quarter.
  - b. Away Games
    - i. Taking the bus
      - 1. If you are taking the bus you are expected to be to the church a half hour before we leave to help get everything loaded. If you are not there in time the bus will leave without you. We have a set schedule for departure and will not budge.
      - 2. While on the bus
        - a. You can listen to music through your headphones but cannot use a portable speaker.
        - b. You are expected to get yourself prepared for the game and do so without disrupting your fellow teammates.
        - c. There will be no horse play or swearing on the bus. If so you will not play the 1<sup>st</sup> half of the game.
        - d. You will make sure your pants are on and you are taped before we arrive to the site for the game.
    - ii. If riding with your parents

1. You are expected to arrive to the site at the same time we anticipate being there.
2. You must make sure that you are letting Coach Biller know you are not riding the bus the night before and that your gear is ready for the bus.
3. You are expected to be taped and ready to go for the game and under the goal post one hour before game time. We will then take the field and continue through warm ups. If you are not under the goal post one hour before you will not play the 1<sup>st</sup> quarter.

c. During the game

- i. If you are not in the game you must be sure to be paying attention. If you are called to go in and do not respond you will miss out on going in and may not go in later in the game.
- ii. Your helmet is to be worn at all times you are on the field. If you take your helmet off it is to be under your arm held with the facemask facing out in the orientation that is worn. If you do not have it facing this way you will be asked to do 10 pushups on the spot and forced to wear the helmet the rest of the game.
- iii. You will not argue any calls made by an official. That is done strictly by Coach Biller. If you have an issue bring it to Coach and he can then take it to the officials.
- iv. If you receive a personal foul you will immediately be taken out of the game. If it is accidental, then you will be put back in next play. If not, then it will be up to coach as to how soon you will go back in if at all.
- v. Do not ask Coach Biller about playing time if you feel you deserve to be in then speak with your position coach and he will talk with coach Biller. Asking Coach Biller will most likely not help you in any way but hinder your chances of getting in.

6. After the games make sure you return your equipment to the trailer or the bus before leaving. Make sure if you rode the bus but are not riding back you have let Coach Biller know before leaving.

7. Grades

- a. We expect that you are staying on top of you grades. You should be passing all of your classes.
- b. Parents hold the responsibility to withhold you from playing at any time they feel you are not doing well in your class work. We will work with

parents to ensure you are succeeding in the classroom before we are worried about on the field.

- c. Suspensions due to grades will be handed down from parents. If they feel you are not doing what you need to be in the classroom we will support and decision made by the parents.

If you agree to everything above, then sign the bottom of this page and turn in to Coach Biller. If you do not have this signed and turned into Coach, it does not exempt you from the expectations. If you do not believe you can handle these expectations, then you may choose to not be part of the team.

By signing this letter I \_\_\_\_\_ acknowledge my responsibility as part of this team and agree to the expectations presented to me above. I understand and agree to follow what my coaches are asking of me and understand the consequences if I choose not to.

**Signed** \_\_\_\_\_ **Date** \_\_\_\_\_